



ASSEMBLY INSTRUCTIONS for INDOOR CABIN SAUNA

Read these assembly instructions and the accompanying
video to enhance your building experience.



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CONGRATULATIONS

on the purchase of your

Canadian Timber Harmony Sauna

Just a few things to follow.....

**Please be sure to read this entire manual
Before proceeding with the assembly.**

All electrical connections must be performed
By a qualified electrician.



For further information about your heater and
Installation instructions, please refer to the
provided heater manual.



Always ensure that you have the correct screw
length so that the screw does not go all the way
through the material and come out the other side.



Tools Checklist

Ensure you have the following tools to finish the job right!



Cordless Driver

☐

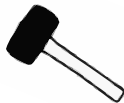
Tape Measure

☐

Hammer

☐

Marker or Pencil

☐

Mallet

☐

1/4" Wrench

☐

Level

☐

Adjustable

☐

Circular Saw,
Table Saw or Mitre Saw

☐

#3 Robertson Bit
(Short bit + 4" or longer)

☐

BEFORE YOU START



If your sauna **came** with the optional floor start the assembly process at **STEP F1** below.

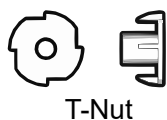
If your sauna **did not come** with the floor option start the assembly process at **STEP 1** on page 8.

F1

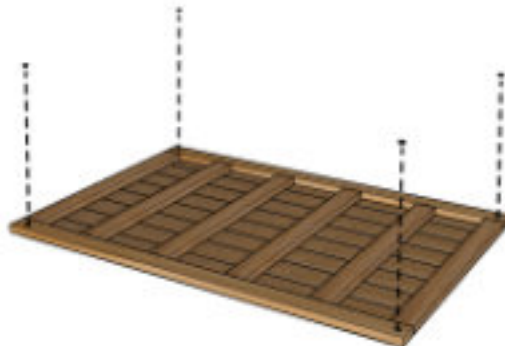


To start the assembly, lay out and organize all of the pieces for your sauna build.

F2



4X



Place a T-Nut over each hole located on the corners of board bottom.
(See image above). Tap them in place with a hammer.



Scan the code for a video of the assembly process:



Floor Assembly

F3



Flip the board over so it is facing upwards and the T-nuts are facing the floor. (See image above).

F4



Take the 4 threaded rods and screw them into the pre-drilled holes connected to the t-nuts on the bottom of the floor. Keep turning the rods until they are flush with the bottom.

F5

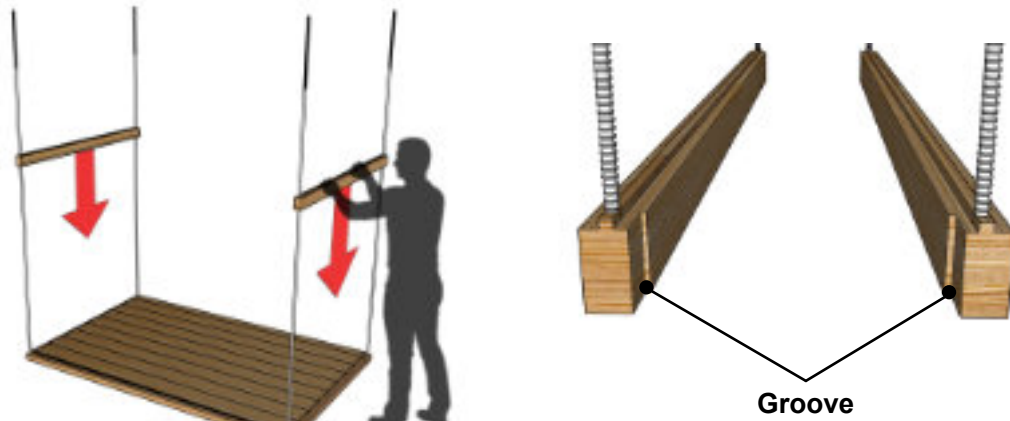


Ensure you wash your hands to prevent grease from the threaded rods getting onto any of the sauna pieces.



Floor Assembly

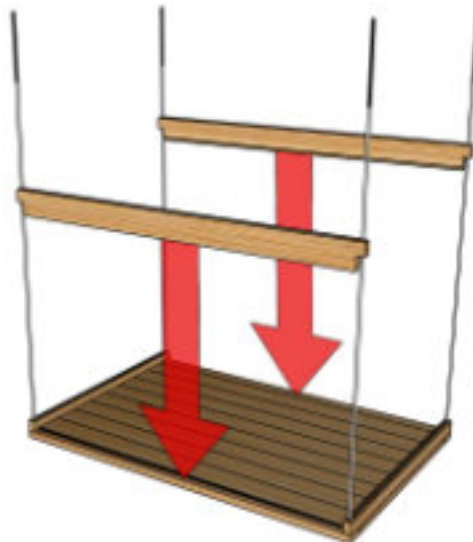
F6



Identify the narrow side staves and slide them along the threaded rods and slide down to the floor. The side staves should be flat on the bottom with the notch facing upwards when placing them on the threaded rods.

PLEASE NOTE: Ensure the grooves in the staves are facing inwards towards each other on the floor board.

F7



Slide the front and back staves on the thread rods. The side staves should be flat on the bottom with the notch facing upwards when placing them on the threaded rods.

Skip **STEPS 1-7** and continue from **STEP 8** on page 11.



Scan the code for a video of the assembly process:



No Floor Assembly

1



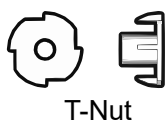
To start the assembly, lay out and organize all of the pieces for your sauna build.

2

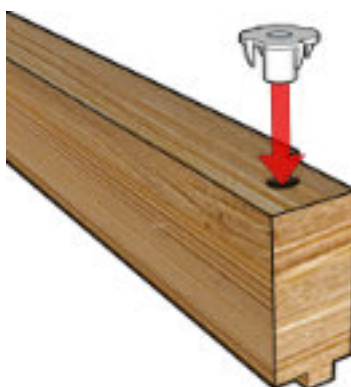


Locate the 2 pieces marked "bottom side".

3



4X



For both boards take a T-Nut and place them on each end of the bottom of the boards (See image above). Tap them in place with a hammer.

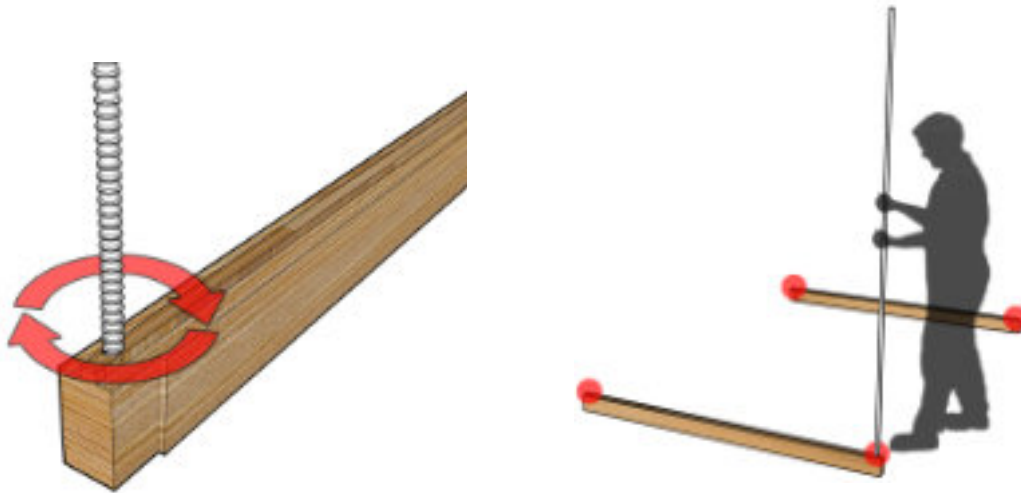


Scan the code for a video of the assembly process:



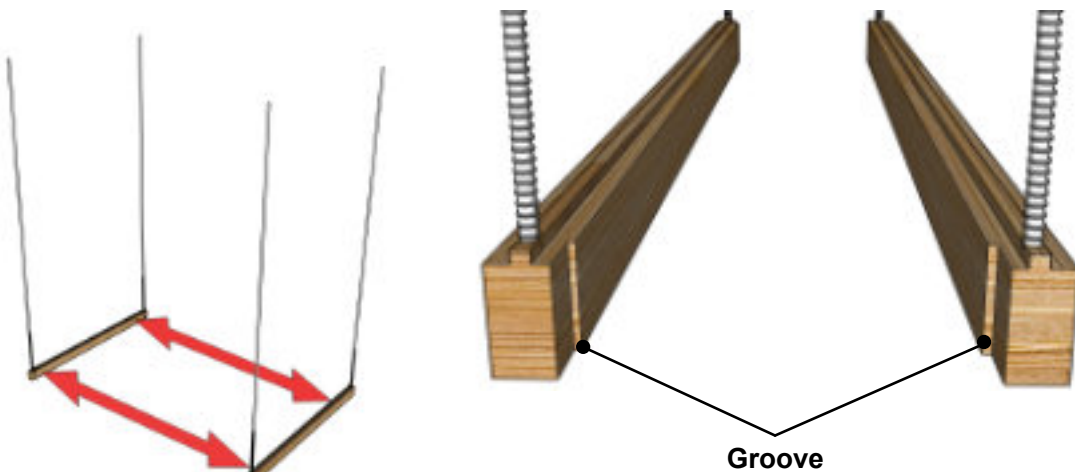
No Floor Assembly

4



Turn both boards so they are facing upwards. The T-Nuts should be facing the floor. Take the 4 threaded rods and screw them into the pre-drilled holes connected to the t-nuts on the bottom of the floor. Keep turning the rods until they touch the bottom.

5



PLEASE NOTE: Ensure the grooves in the staves are facing inwards towards each other on the floor board.



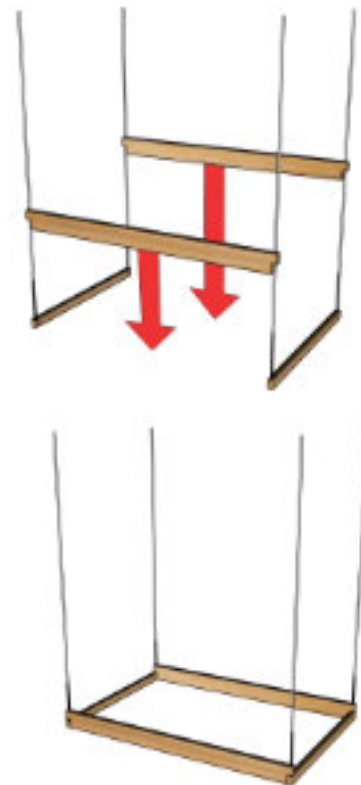
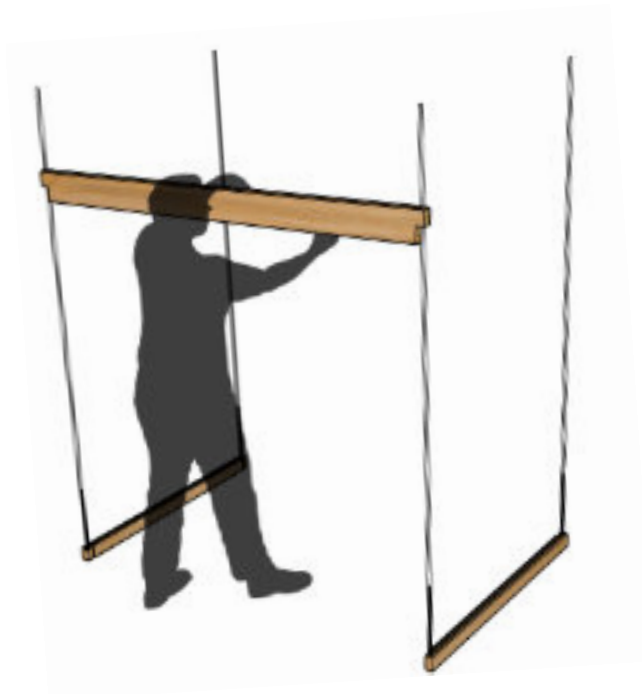
No Floor Assembly

6



Ensure you wash your hands to prevent grease from the threaded rods getting on any of the sauna pieces.

7



Slide the front and back bottom staves over the threaded rod and slide down to the bottom board..
The front and back bottom staves should be flat on the bottom with the notch facing upwards when placing them on the threaded rods.



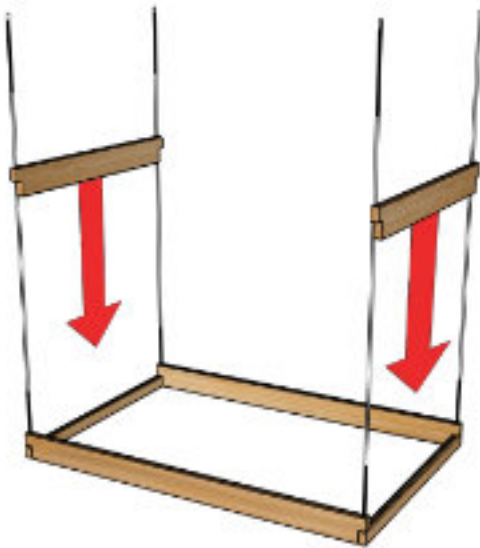
Scan the code for a video of the assembly process:



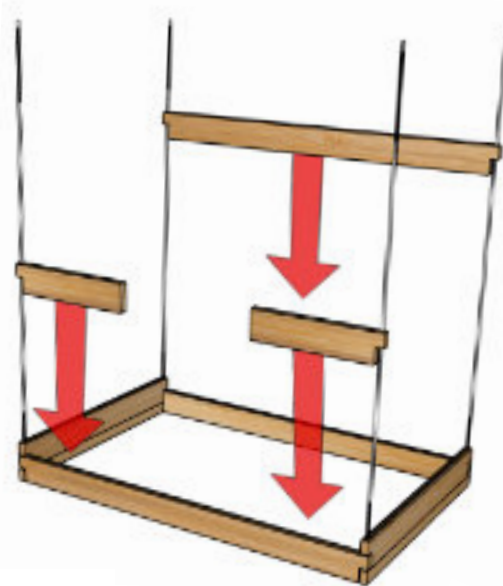
Wall Assembly

PLEASE NOTE: The following instructions demonstrate the installation of a center door. Your setup may differ slightly depending on the options you may have for door and window placement and may require a different setup.

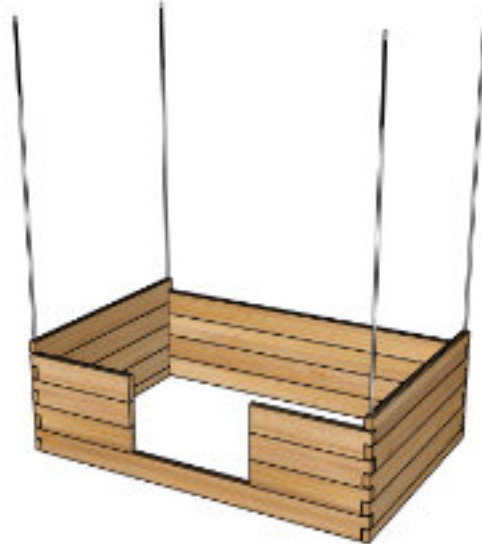
8



9



10



} 4 rows



Continue alternating between adding front, back and side staves until the 4th row is complete. Ensure the sauna is square as you assemble the walls to make future steps easier.

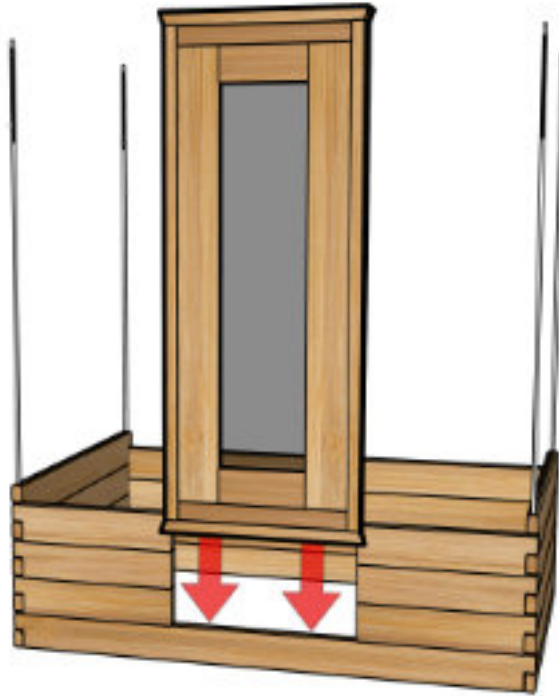


Scan the code for a video of the assembly process:



Door Installation

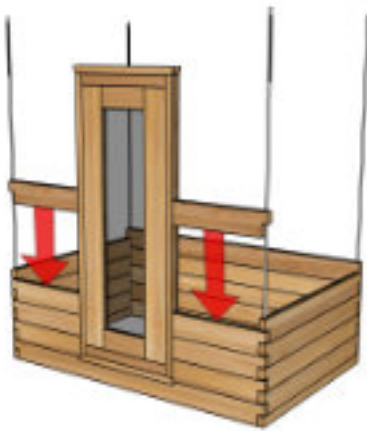
11



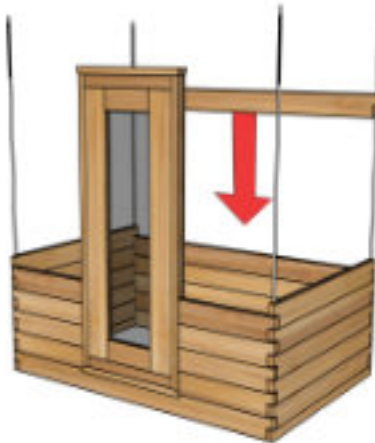
Recommended
two person job

Carefully slide the groove of the door frame into the front wall staves.

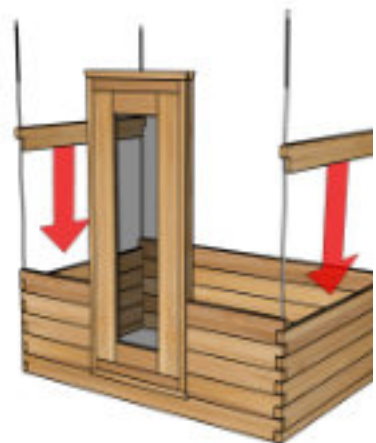
12



13



14

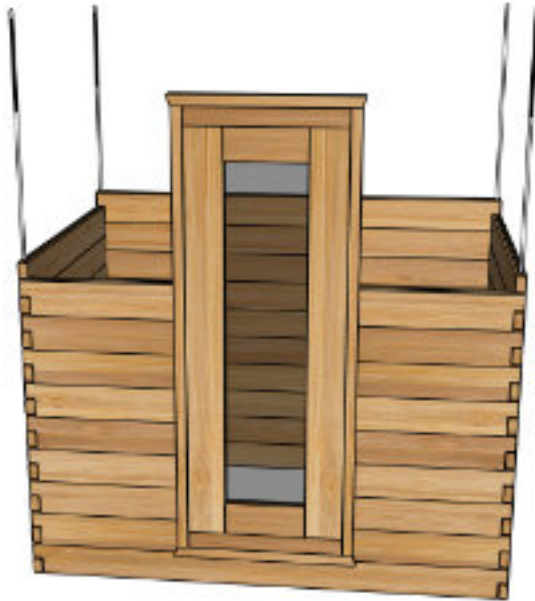


Scan the code for a video of the assembly process:



Door Installation

15



Following **STEPS 12,13 & 14**. Add wall staves alternating between front, back and side staves. Continue until the walls are built halfway to the top of the sauna.

16



17



To make it easier to get in and out of the sauna during assembly, add the handles to the door.

Ensure the handle is centred.

Place the outer door handle at desired height.

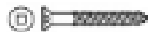


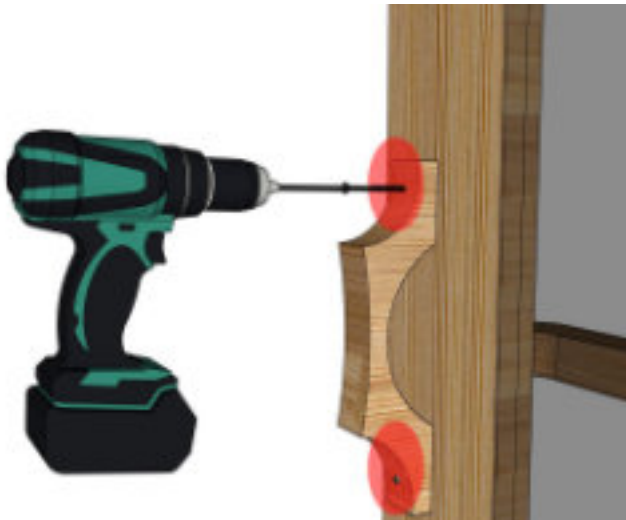
Scan the code for a video of the assembly process:



Door Installation

18

 **2X**
2 1/2" (64 mm) Robertson



Fasten with 2 screws in the pre-drilled holes .

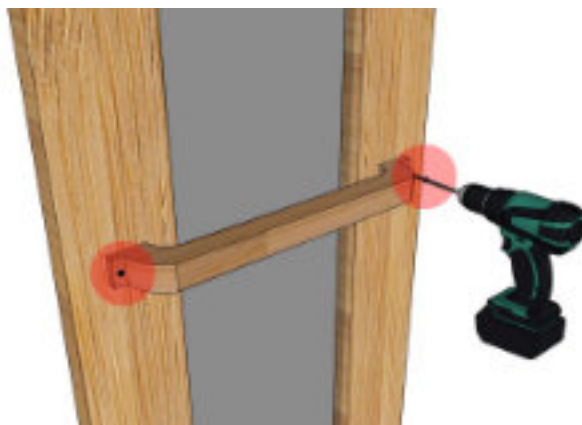
19



Place the inner door handle at desired height and centered.

20

 **2X**
2 1/2" (64 mm) Robertson



Fasten with 2 screws. Ensure handle is installed level and secure.

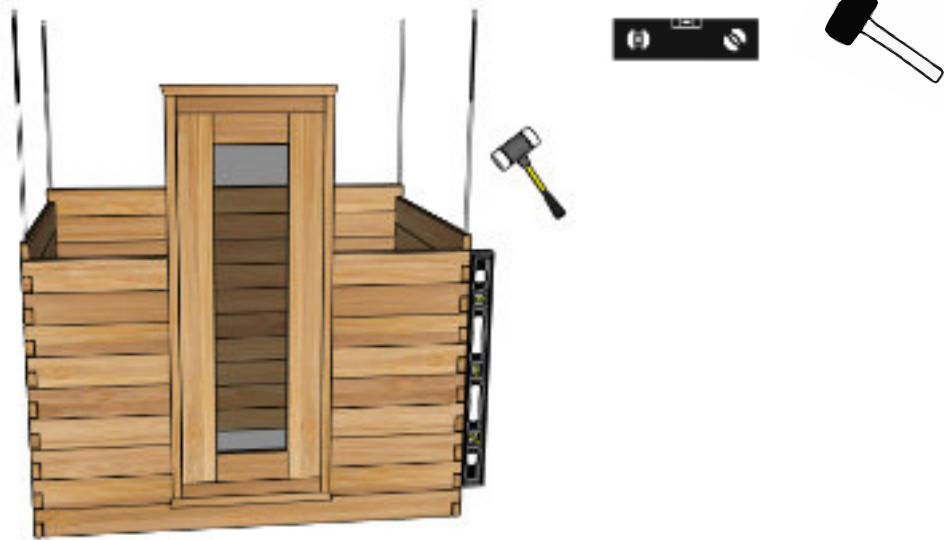


Scan the code for a video of the assembly process:



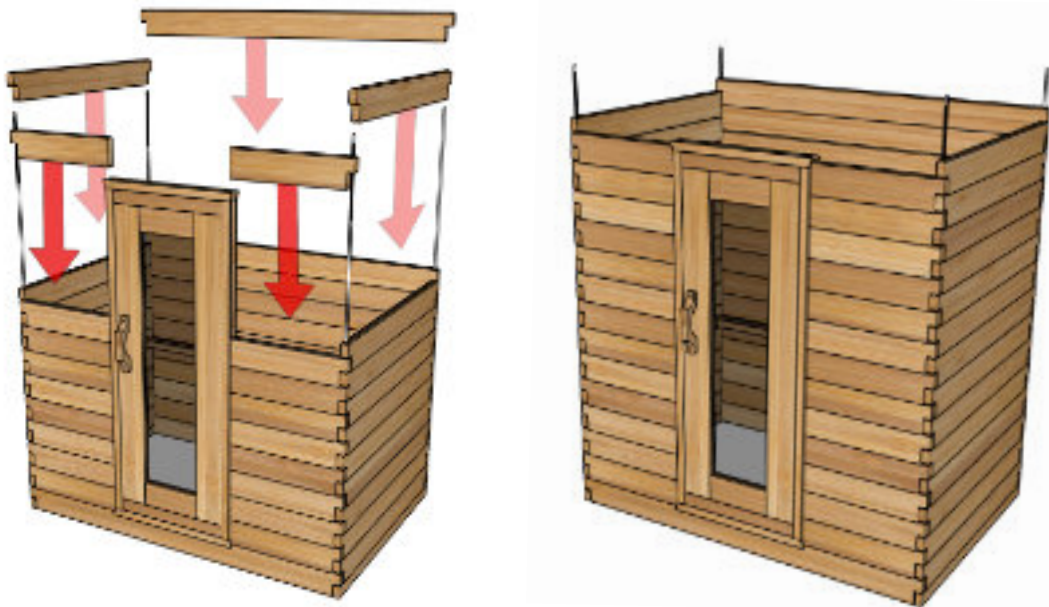
Wall Assembly (Continued)

21



Stop to check that the sauna frame is level and square. Adjust if needed.

22

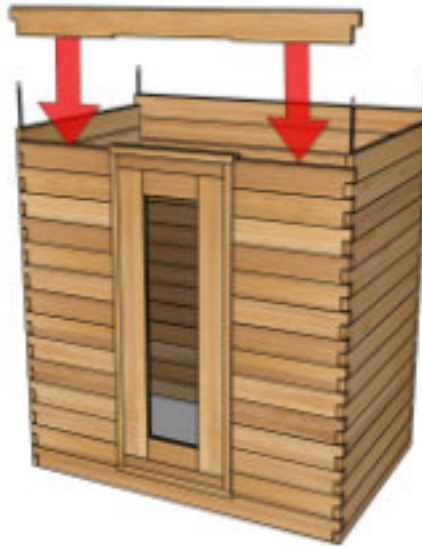


Continue adding staves following **STEPS 12,13 & 14** alternating between adding front, back and side staves. Continue adding staves until you reach near the top of the door.



Wall Top Assembly

23



Door Notch

When you have reached near the top of the door frame, insert a full length front wall stave with a door notch. Ensure the door notch is positioned at the bottom when installing.



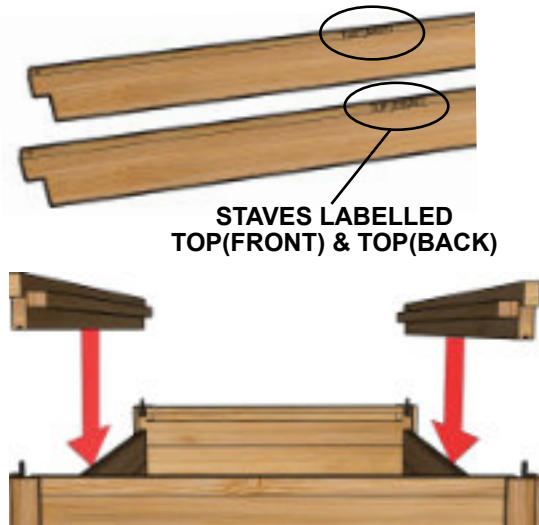
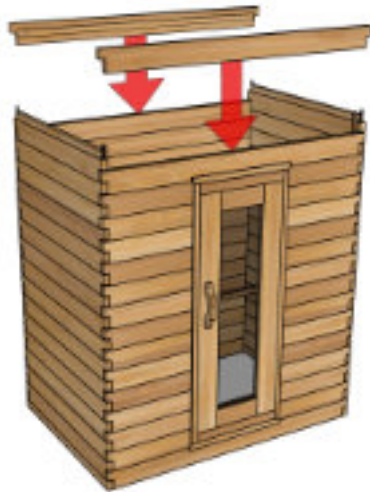
If you are installing the **no overhang** roof on your sauna start the assembly process at **STEP R25** on the next page.

If you are installing the **overhang** roof on your sauna start the assembly process at **STEP 24** on page 21.



Wall Top Assembly

R25



Find and add two staves labelled **TOP(FRONT) & TOP(BACK)**.
Install these to the front and back sides of the sauna top. Ensure the ridge on each board faces to the inside of the sauna.

R26

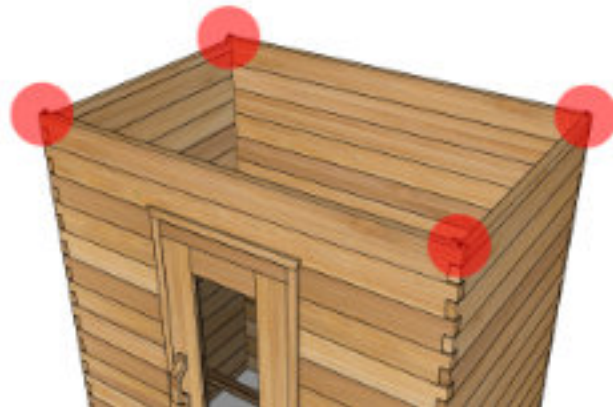
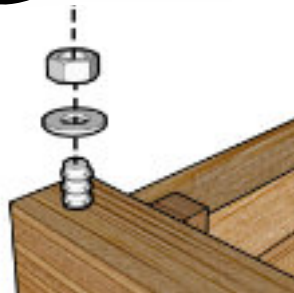


2X


1/4" Wrench

or


Adjustable



Locate the nuts and washer. Fasten a washer and nut on the top of the threaded rod.
Ensure that you do not overtighten. Repeat for all threaded rod located on the corners of the sauna.

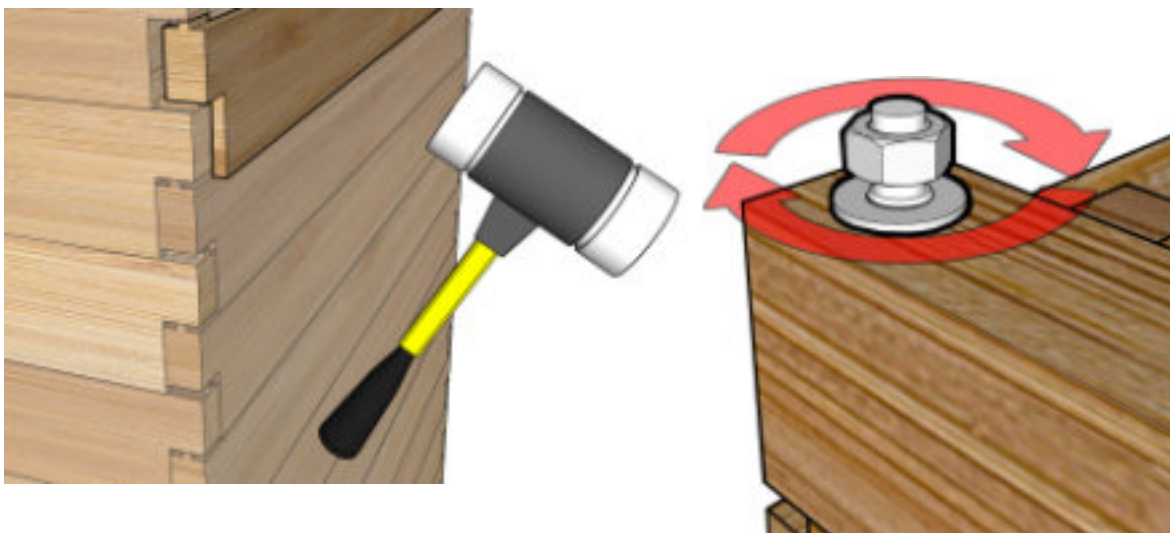


No Overhang Roof Assembly

R27



or



If necessary, use the rubber mallet to correct any warping or slightly out of place staves along each corner of the sauna. Tighten up the 4 nuts a bit more after using the rubber mallet.

R28



Approximately 44" in length

Find and identify two roof supports. See above for a visual description.

R29



8X

2 1/2" (64 mm) Robertson



Prepare four evenly spaced screws for installation. Do this for both boards.

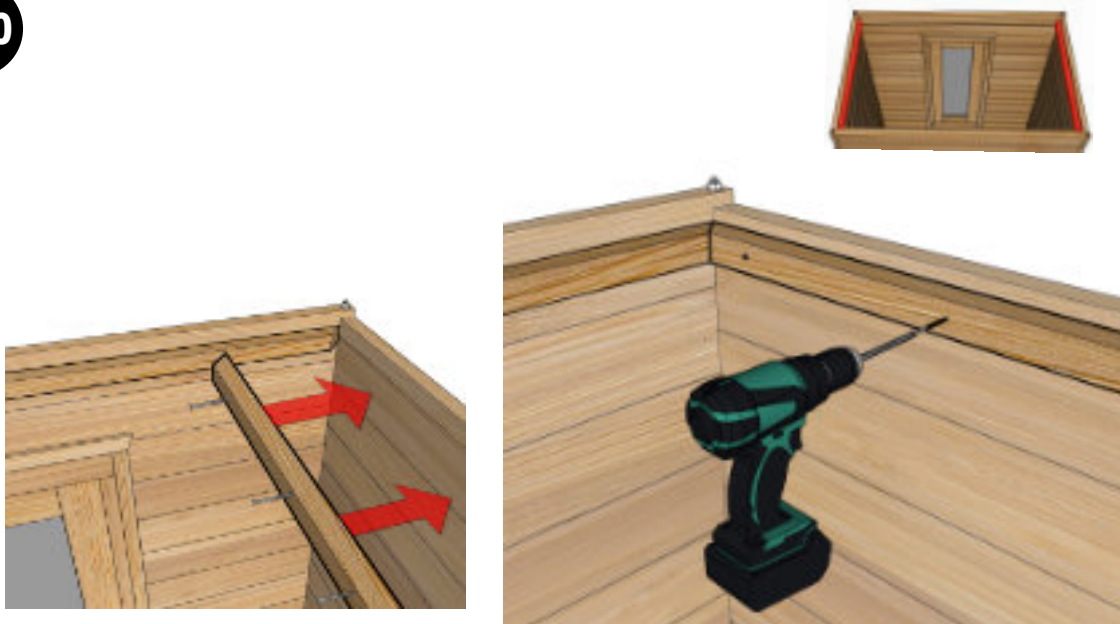


Scan the code for a video of the assembly process:



No Overhang Roof Assembly

R30



Position and align the two chamfered roof supports with the roof supports on the front and back wall. Fasten once aligned.

R31



Rest the roof panel onto the roof supports from the last step.



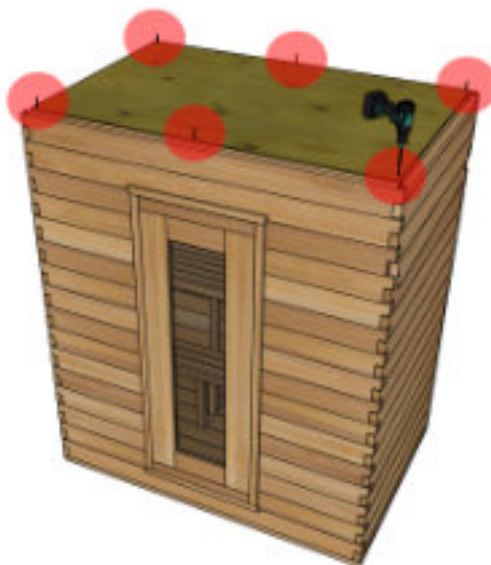
No Overhang Roof Assembly

R32



6X

2 1/2" (64 mm) Robertson



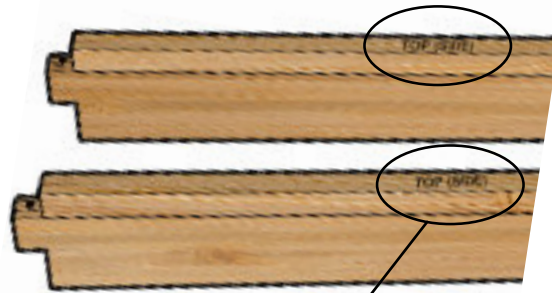
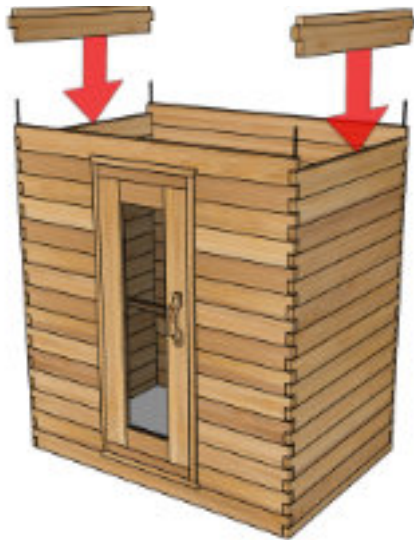
Secure the roof at the corners and mid-sides with screws

Skip **STEPS 24-36** and continue from **STEP 37** on page 27



Overhang Roof Assembly

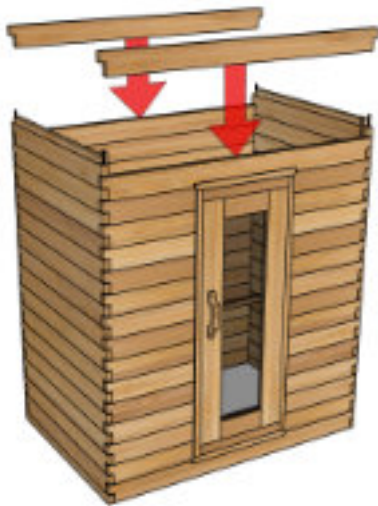
24



STAVES LABELLED
TOP(SIDE)

Find and add two staves labelled **TOP(SIDE)**. Install these to the sides of the sauna top.

25

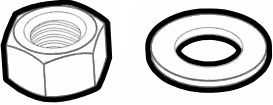


STAVES LABELLED
TOP(FRONT) & TOP(BACK)

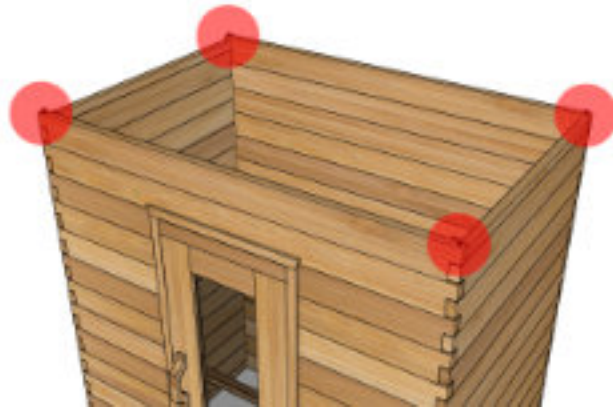
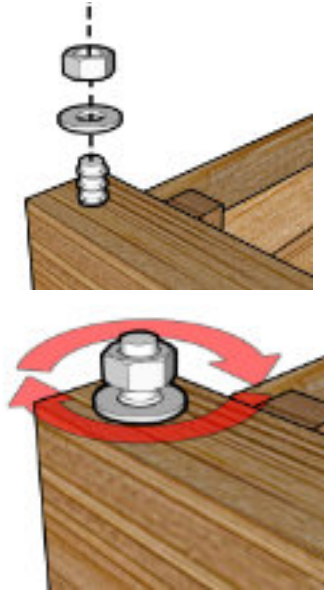
Find and add two staves labelled **TOP(FRONT) & TOP(BACK)**.
Install these to the front and back sides of the sauna top.



Overhang Roof Assembly

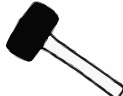
26  **2X**

 **or** 
1/4" Wrench Adjustable



Locate the nuts and washer. Fasten a washer and nut on the top of the threaded rod. Ensure that you do not overtighten. Repeat for all threaded rod located on the corners of the sauna.

27

 **or**  
1/4" Wrench Adjustable

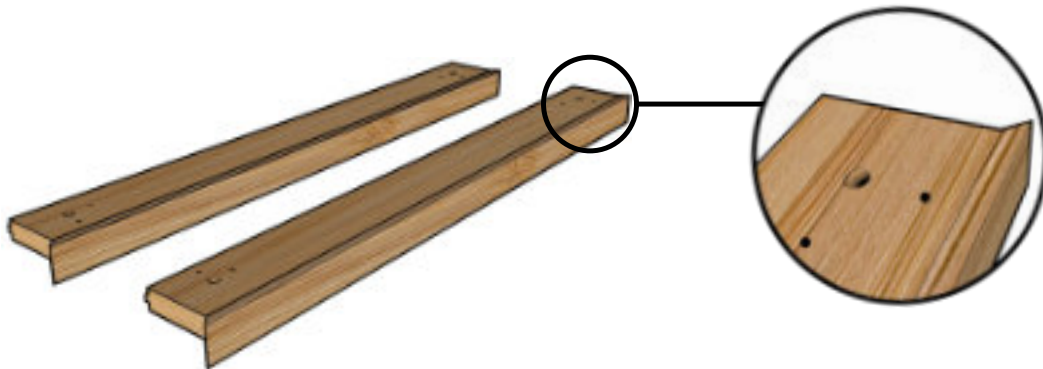


If necessary, use the rubber mallet to correct any warping or slightly out of place staves along each corner of the sauna. Tighten up the 4 nuts a bit more after using the rubber mallet.



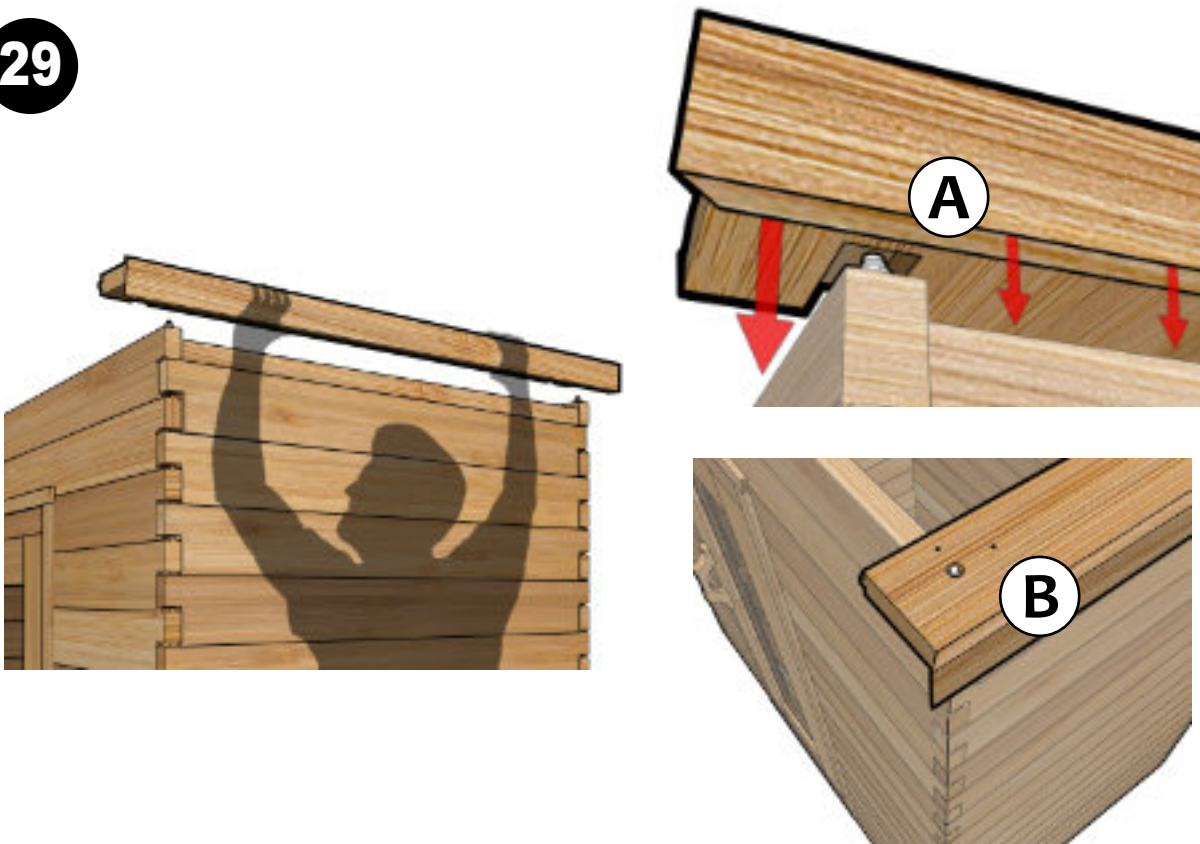
Overhang Roof Assembly

28



Locate and identify the roof side trim pieces. There will be a large hole near the end of each board.

29

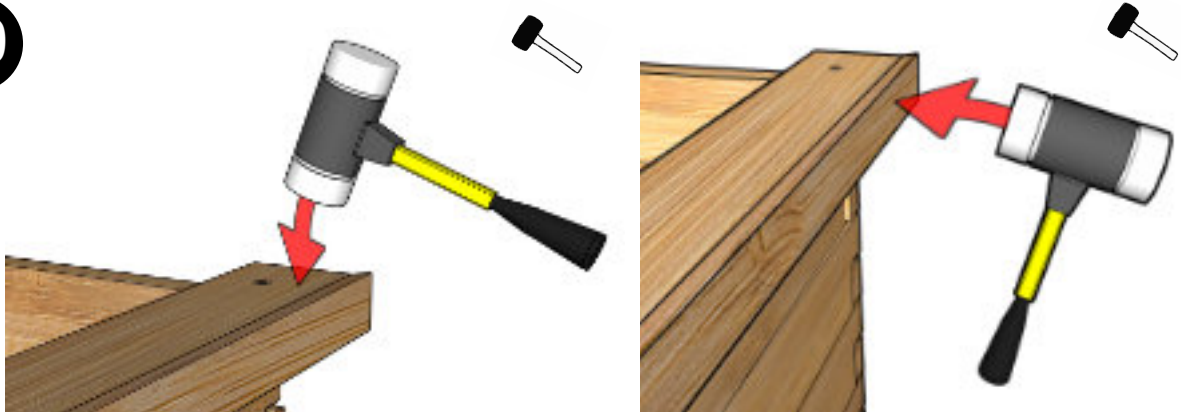


Place the roof side trim on top of the side wall. The notch located on the bottom of each board should fit over the front and back staves (A). The holes on each end of the board will fit over the threaded rods (B).



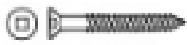
Overhang Roof Assembly

30



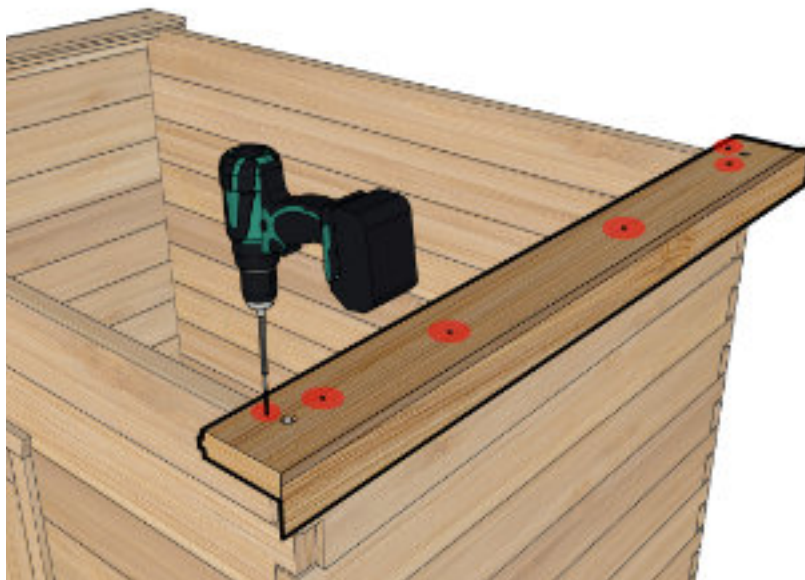
It may be necessary to tap the trim into position for a tight fit.

31



8X

2 1/2" (64 mm) Robertson



Once in correct position, fasten the roof trim to the side wall using screws in the pre-drilled holes.



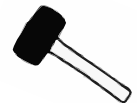
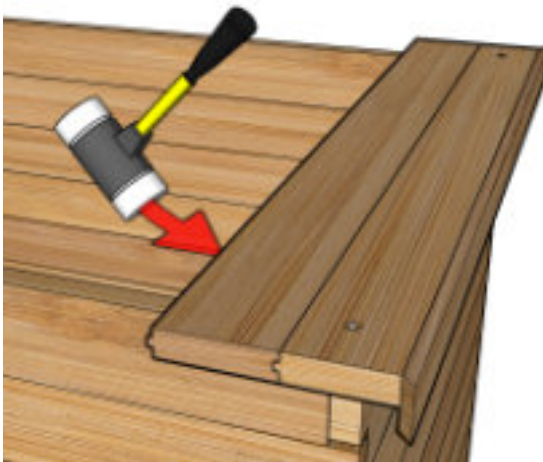
Overhang Roof Assembly

32



Install a roof stave onto the roof of the sauna by sliding the grooves of the stave over the lip of the front and back walls. Slide the stave until it rests against the roof side trim.

33

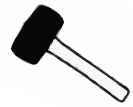
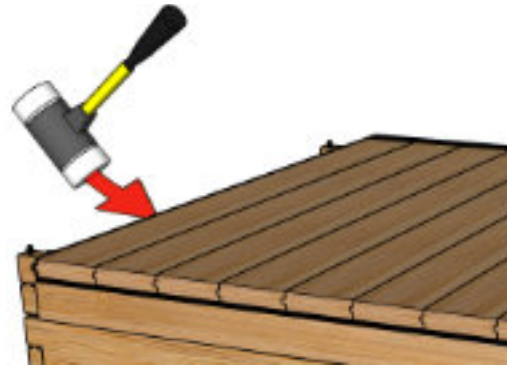


Using the rubber mallet, tap the roof trim into position. Ensure a tight fit between the two staves.



Overhang Roof Assembly

34



Continue the process of adding staves until you reach the opposite side of the sauna.
Use a mallet as necessary to place staves. Ensure a tight fit between staves.

35

 **24X**
2 1/2" (64 mm) Robertson

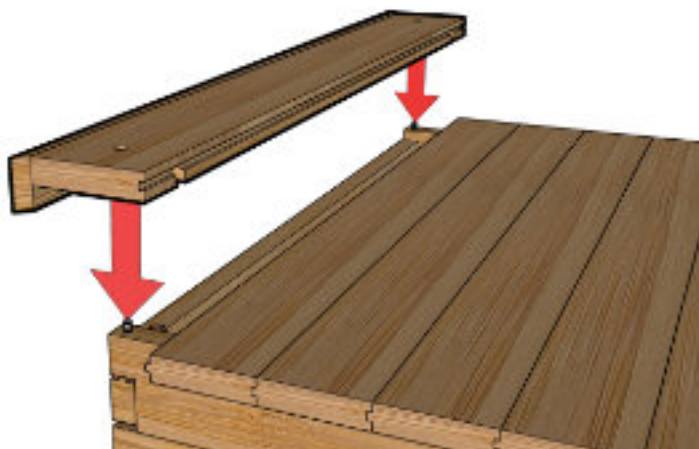


Fasten each stave with a screw at either end of the board.



Exterior Trim Installation

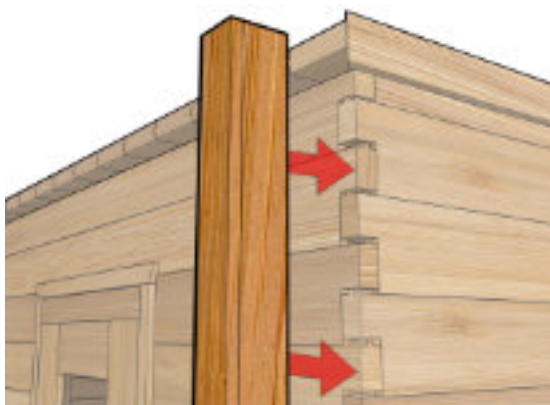
36



Install the final roof side trim piece following **STEPS 29,30 & 31**.

37

 **32X**
1 1/2" (38 mm) Robertson



Exterior Trim Installation

38



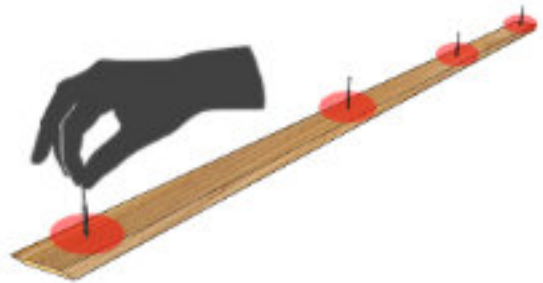
Repeat **STEP 37** for the remaining three corners of the sauna.

39



8X

1 1/2" (38 mm) Robertson



Find the front & back roof trim and pre-screw each piece.

40



Line the front roof trim with the side trim ensuring they are flush and secure with screws.



Bench Assembly & Installation

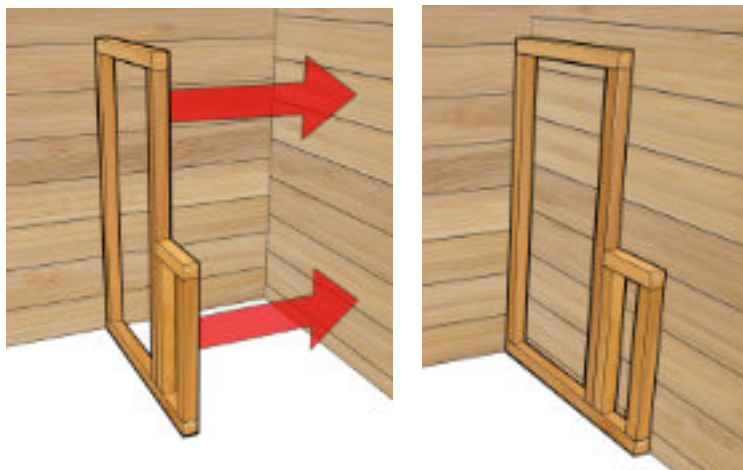
41



Follow **STEP 40** for the back roof trim.

PLEASE NOTE: The following instructions demonstrate the installation of a typical bench setup. Your setup may differ slightly depending on the options you may have for your bench placement and may require a different setup.

42



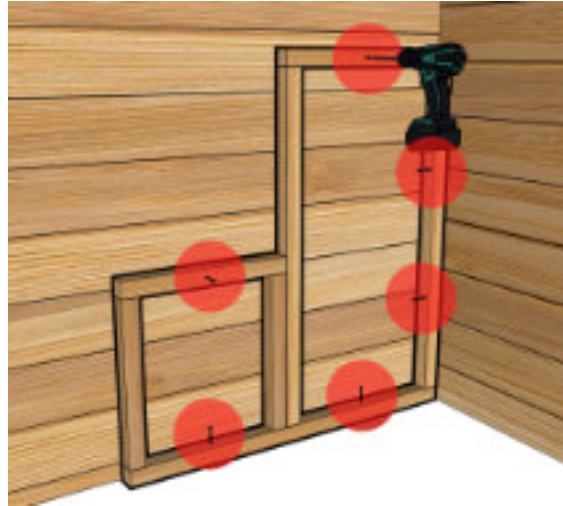
Inside of the sauna, position a bench bracket to the back and side wall (See image above).



Bench Assembly & Installation

43

 **12X**
2 1/2" (64 mm) Robertson



Fasten the rear bench bracket to the back and side wall.
Follow **STEPS 42-43** for the bench bracket on the opposite wall in the sauna.

44



Position the bench top on the bench supports.



Bench Assembly & Installation

45



1 1/2" (38 mm) Robertson



Secure the bench top with two screws over each bench support. Place the screws between the slats to make the screws less visible.

46



Place a third bench bracket underneath the bench top. The bench bracket should be positioned directly below the cross support of the bench top.



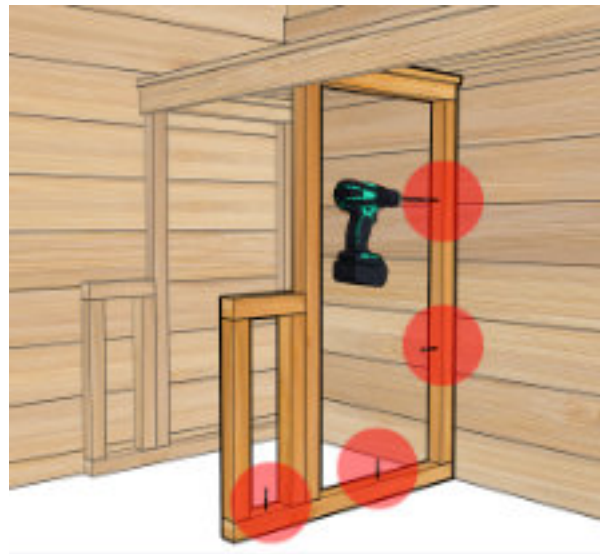
Scan the code for a video of the assembly process:



Bench Assembly & Installation

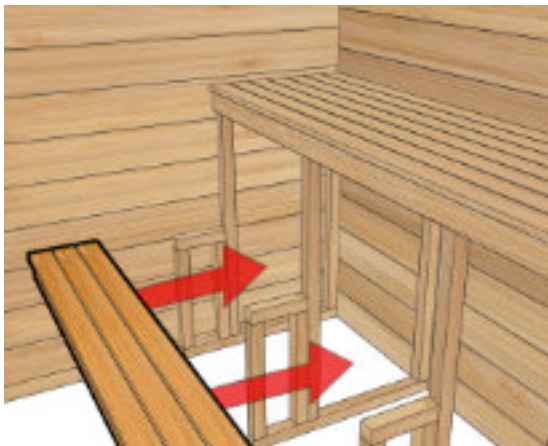
47

 **6X**
2 1/2" (64 mm) Robertson



Ensure the bench support is square and tight to the back wall. Secure the bench support to the sauna with screws. Repeat **Steps 46 & 47** for the fourth bench bracket placing it directly below the other cross support of the bench top.

48



Position the second bench top on the bench supports.

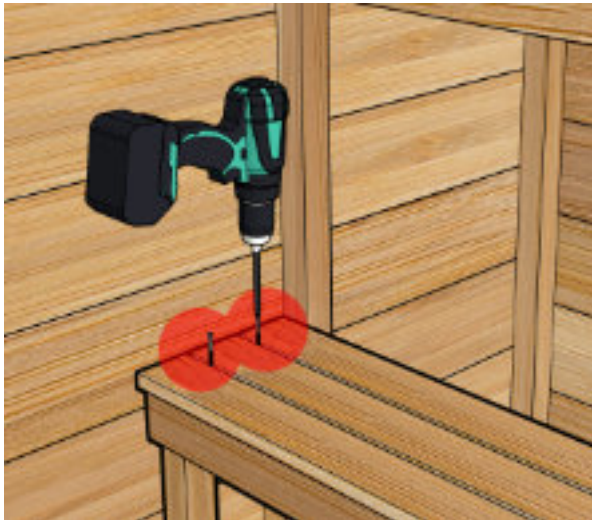


Bench Assembly & Installation

49

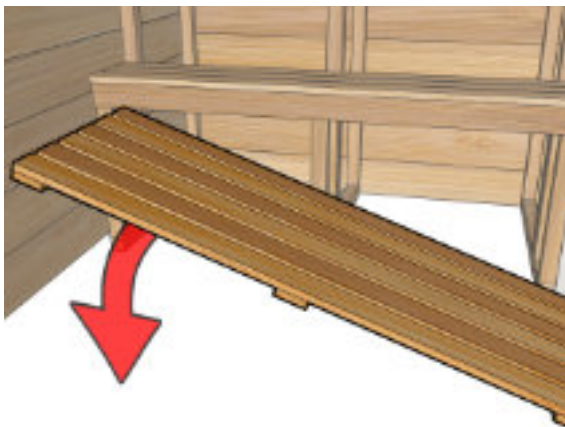


1 1/2" (64 mm) Robertson



Secure the smaller bench top with two screws for each bench bracket.
Place the screws between the slats to make the screws less visible.

50



When the bench installation is complete, lay the duckboard floor down in front of the benches.



Scan the code for a video of the assembly process:



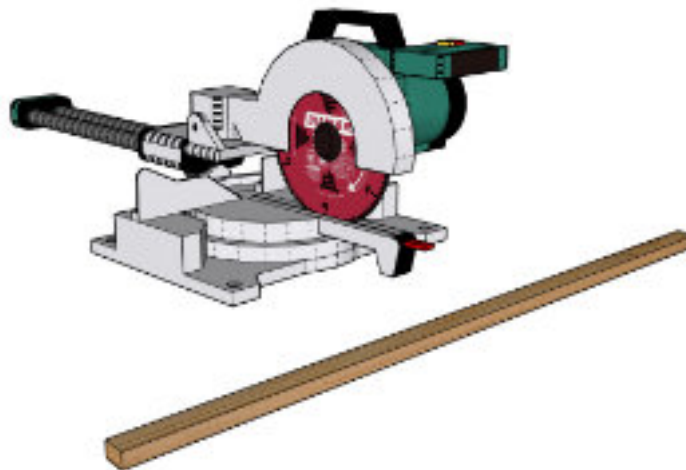
Interior Trim Installation

51



Measure and record the measurement for each of the 4 corners inside the sauna (See image above).

52

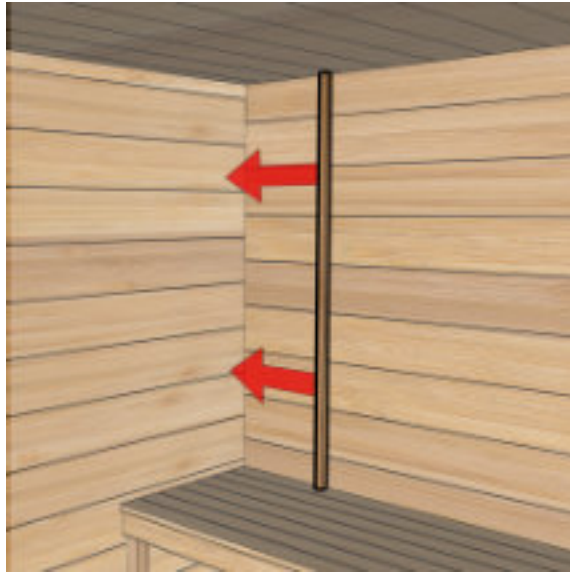


Transfer the measurements to 4 pieces of trim. Cut each trim piece to length.



Interior Trim Installation

53



Place each trim piece into the corners of the sauna interior.

54



Finishing Nails

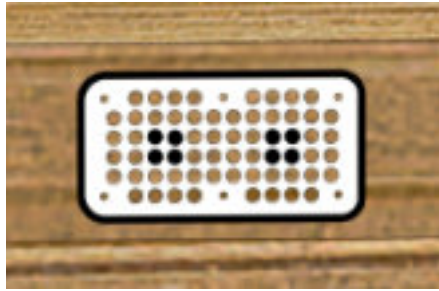
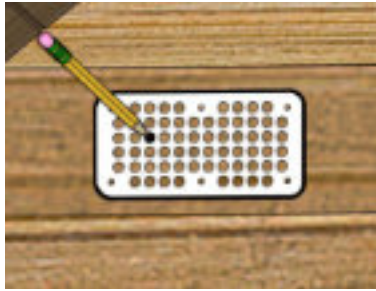


Fasten the trim pieces with provided finishing nails.



Vents

55



In the upper right corner of the sauna interior find an appropriate area for your vent.
Using the vent cover as a template mark off the dots as shown with a pencil.

56

2" (51 mm) Holesaw Recommended
1 1/2" (38 mm) Minimum



Remove the vent cover and use a two inch hole saw to add two holes side by side for the vent. Create a hole between the four pencil marks etched on the wall from **Step 55**.
PLEASE NOTE: Only drill half way through the wall to avoid splintering the wood.

Vents

57



Continue drilling out both holes. On the outer wall of the sauna position the vent cover over the two holes.

58

 **6X**
Provided screws

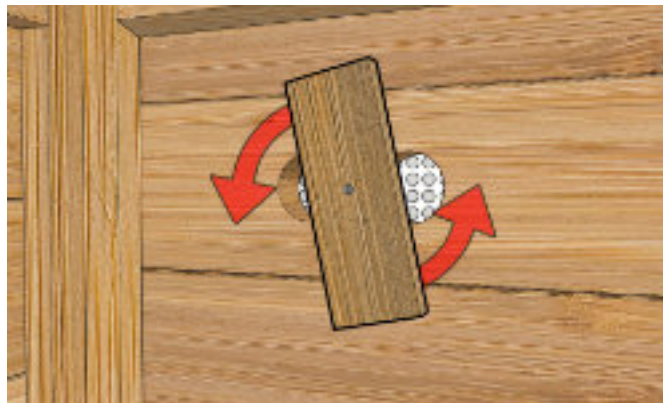
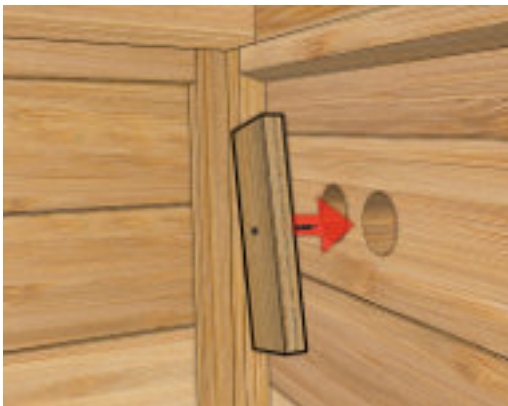


Fasten the vent cover on the outside wall with the six provided screws.

Vents

59

 **1X**
1 1/2" (38 mm) Robertson



Add a screw to the provided wooden block in the predrilled hole.

PLEASE NOTE: Only tighten the wooden block enough that it may swivel firmly.

60



Install a second vent under the bench against the back wall
following **STEPS 55-58** as a guide.

PLEASE NOTE: The vent cover will be installed on the inside of the sauna.

Vents



That concludes the basic instructions for the
Indoor Sauna Cabin.

If you have any accessories left to install or will be in the near future please continue on to the next section.
We hope you enjoy your sauna.

Accessory Install Section

Single Towel Hook **4X**  1 1/2" (38 mm) Robertson



Place the towel hook in desired location and secure with screws in the pre-drilled holes.

3 Towel Hook **4X**  1 1/2" (38 mm) Robertson



Place the towel hook in desired location and secure with screws in the pre-drilled holes.



Accessory Install Section

Sand Timer

2X 

1 1/2" (38 mm) Robertson



Place the sand timer in the desired location and secure with screws in the pre-drilled holes. Ensure it is in position and level so it may rotate without hitting the wall.



Accessory Install Section

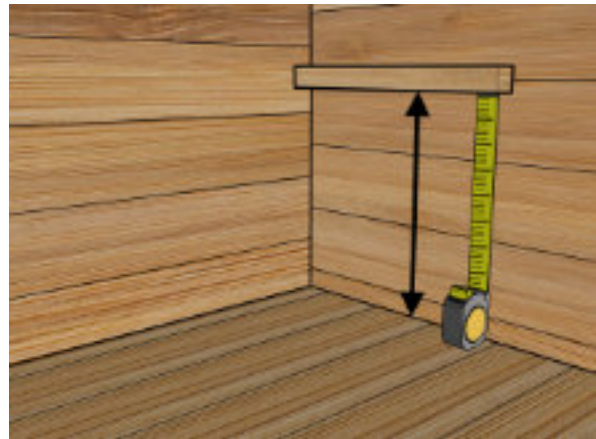
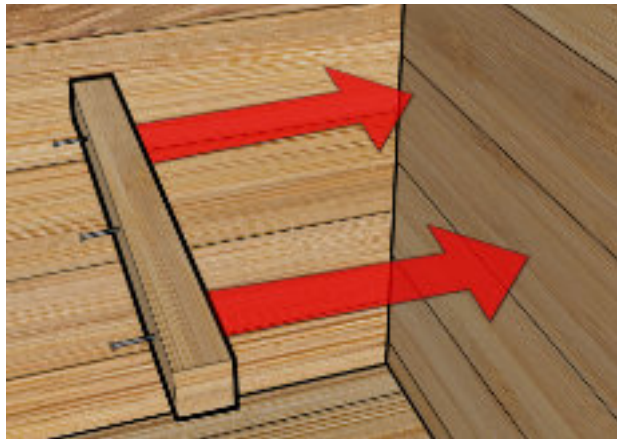
Yoga Bench

- 1**  **6X**
2 1/2" (64 mm) Robertson



Add three screws to the bench supports. Do this for both bench supports.

2



Inside the sauna position each bench support along the side/rear of the sauna interior.
Measure and place each piece **18"** from the floor.



Accessory Install Section

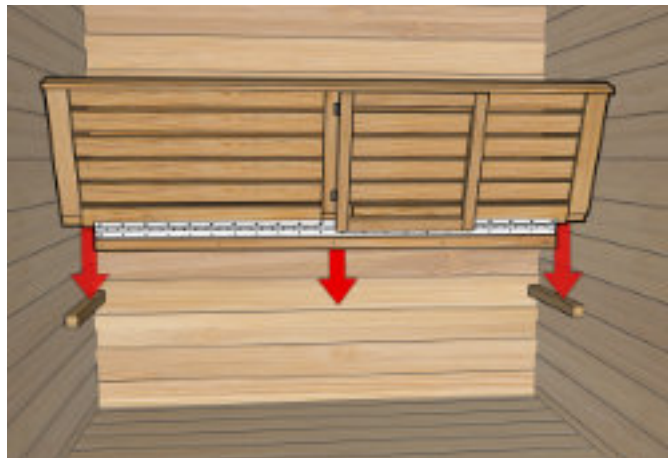
Yoga Bench

3



Ensure the bench supports are level. Fasten the bench support with the pre-drilled screws.

4



Inside the sauna rest the top bench on the bench supports and slide it to the back of the sauna.



Accessory Install Section

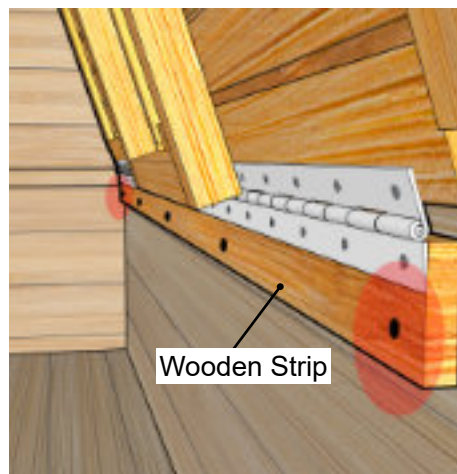
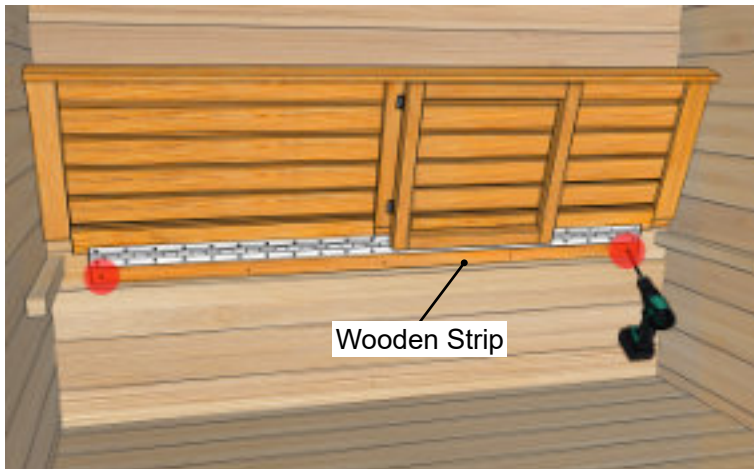
Yoga Bench

5



2X

2 1/2" (64 mm) Robertson



Ensure the wooden strip connected to the piano hinge is placed firmly against the back wall of the sauna.
Fasten the wooden strip with screws along the ends of the benchtop (see image above).



Accessory Install Section

Yoga Bench

6

 **3X**
2 1/2" (64 mm) Robertson



Gently rest the benchtop down onto the bench supports. Ensure the benchtop is sitting level and is flush on the bench supports. If it is not readjust the benchtop as needed. When the bench is flush on the supports secure the bench with additional screws (see image above).

7



Swing the middle leg support down and set in place.



Scan the code for a video of the assembly process:



Notes

[illegible]

Scan the code for a video of the assembly process:



Notes

[illegible]

Scan the code for a video of the assembly process:



Notes

[illegible]

Scan the code for a video of the assembly process:



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Scan the code for a video of the assembly process:



Maintaining Your Sauna After Installation

INTERIOR

It is recommended to vacuum or sweep out the inside of your sauna frequently to remove dirt and debris. Under normal conditions, a slight wash of the floor and benches with warm soapy water several times a year will maintain its cleanliness. Leisurecraft offers a sauna room cleaner that can be used pure or diluted at a 4-1 ratio. Simply spray and wipe!

You can use a sheet of fine grit sandpaper or a low-pressure wash to remove more stubborn stains for a deeper cleaning of the interior of your sauna.

NEVER USE ammonia or harsh cleaners as they can turn the wood gray.



Scan the code for a video of the assembly process:





5 Year Residential Limited Warranty Policy

All products designed and manufactured by Dundalk LeisureCraft Inc. ("LeisureCraft") are covered by a limited warranty against defects in materials and workmanship under normal residential use for a period of five (5) years, beginning on the date the product is received by the original end-user consumer.

This warranty does not apply to defects resulting from normal wear and tear, improper installation, insufficient or improper maintenance, natural weather conditions or failure to follow the manufacturer's installation, usage, or care instructions.

In the event of a valid warranty claim, LeisureCraft will provide replacement parts at no charge. However, please note that the replacement of parts will not extend the original warranty period.

This warranty is limited solely to the replacement of parts and does not cover any associated service, labor, or installation costs, all of which are expressly excluded.

For products offered by LeisureCraft that are not manufactured by LeisureCraft, please refer to the warranty policy and terms provided by the manufacturer.

LIMITED WARRANTY

Dundalk LeisureCraft Inc. ("LeisureCraft") is committed to providing high-quality sauna heaters and accessories to our customers. To offer peace of mind, we will match the manufacturer's warranty on all eligible products purchased from us. If the manufacturer offers a warranty on the product, we will honor that warranty, ensuring the same terms, coverage, and duration.

This warranty is limited to the replacement of parts only. It does not cover any service, labor, or installation costs, which are expressly excluded.

This warranty does not apply to defects caused by normal wear and tear, improper installation, inadequate or improper maintenance, or failure to adhere to the manufacturer's installation, use, or care instructions.

All electrical connections must be made by a licensed electrician. Failure to comply with this requirement will void the warranty.

For warranty claims or inquiries, please contact LeisureCraft customer support at:

Phone: 888-923-9813 Email: support@leisurecraft.com

Please ensure you fill out your warranty card!





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